

Dynamite Sports Speed Academy

Waiver & Release of Liability

Participants Waiver/Release (Read before signing)

Before engaging in any physical fitness or athletic training program, you should consult with your personal physician and advise them of the nature of the program. The participant/visitor/guest agrees that all exercises are undertaken at his/her own risk.

In consideration of the services of **Dynamite Sports Speed Academy and Dynamite Sports Speed Camps & Clinics**, their agents, trainers, coaches, owners, officers, affiliates, volunteers, employees, sponsors, applicable owners of the facility being used, other participants, and all other persons or entities acting in any capacity on their behalf (hereinafter collectively referred to as "**DSSA & DSSCC**"), I hereby agree to release, indemnify, and discharge **DSSA & DSSCC**, on behalf of myself, my spouse, my children, my parents, my heirs, assigns, personal representative and estate as follows:

- 1) I, (participant) _____, understand that my participation in **DSSA & DSSCC** and related training activities, involves vigorous physical demands which may include, but are not limited to running, jumping, strength, flexibility and mobility training, physical conditioning and other exercises, which entail certain risks that simply cannot be eliminated without altering the essential qualities of the program. However, I feel the possible benefits I can attain are greater than the risks assumed.
- 2) In consideration for being allowed to participate in any way in **DSSA & DSSCC**, and related events and activities, I acknowledge, understand and agree that adherence to particular program rules, proper execution of exercises and performance of skills, safe use of equipment, and personal discipline may reduce the risk of serious injury.
- 3) My participation in this program is voluntary, and I elect to participate in spite of the risks related to the program. I understand and accept that there is a risk of personal injury, including potential for permanent paralysis and death. I knowingly and freely assume and accept all such risks, both known and unanticipated.
- 4) I willingly agree to comply with the stated and customary terms and conditions for participation. If I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest official, trainer or coach immediately.
- 5) I hereby release, forever discharge and agree to indemnify and hold harmless **DSSA & DSSCC** from any and all injury, claims, demands, causes of action, medical expenses, disability, death, or loss or damage to person or property, which are in any way connected with my participation in **DSSA & DSSCC** programs and activities or my use of **DSSA & DSSCC's** equipment or facilities **including any such claims which allege negligent acts or omissions by DSSA & DSSCC.**
- 6) I certify that I have adequate insurance to cover any injury or damage I may cause or incur while participating, or else I agree to bear the costs of such injury or damage myself. I further certify that I am willing to assume the risk of any medical or physical condition I may have.

I acknowledge that if property is damaged or if anyone is injured during my participation in the program, I may be found by a court of law to have waived my right to maintain a lawsuit against **DSSA & DSSCC** on the basis of any claim from which I have released them herein. By signing this document, I acknowledge that I have read this release of liability and assumption of risk agreement, fully understand and agree to be bound by its terms, and sign it freely and voluntarily without any inducement.

Participant's Signature _____ Date: ____ / ____ / ____

Parent/Guardian Signature _____ Date: ____ / ____ / ____

Parent/Legal Guardian's Additional Indemnification (for participants under the age of 18)

In consideration of (minor's name) _____ ("Minor") being granted permission by **DSSA & DSSCC** to participate in its programs, and to use its equipment and facilities, I agree to indemnify and hold harmless **DSSA & DSSCC** from any and all claims and liabilities, **including any such claims which allege negligent acts or omissions by DSSA & DSSCC**, which are brought by, or on behalf of Minor, and which are in any way connected with Minor's involvement or participation in **DSSA & DSSCC** programs and activities. I further certify that I am the parent or legal guardian of the Minor on this agreement.

Parent/Guardian Signature _____ Date: ____ / ____ / ____

Print Name _____ Emergency Phone Number (_____) _____ - _____